

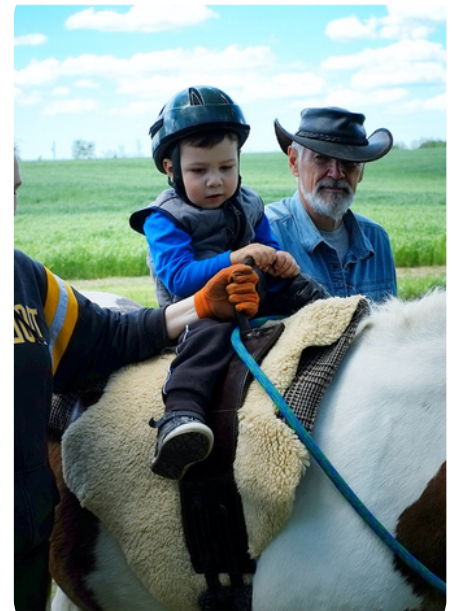


THERAPEUTIC RIDING LESSONS

OFFERED MONDAY TO SATURDAY,
9AM-7PM, ALL YEAR ROUND!

Therapeutic riding is an equine-assisted activity that contributes positively to the cognitive, physical, emotional, and social well-being of individuals with disabilities.

Lessons are offered weekly during seasonal sessions, ranging from 8-12 weeks.



Lesson Fees*

Private: \$60

Semi-Private: \$55

Group: \$55

BENEFITS OF RIDING

- development & improvement of balance & coordination
- mobilization of trunk & pelvis
- improvement of muscle tone & strength
- prevention of contractures
- promotion of independence, confidence, & self-esteem
- increased concentration, motivation, & patience
- improved learning skills & social integration
- and so much more!

APPLY TODAY:

Scan and email a completed Rider Medical Form package to troton@tead.on.ca.

Visit tead.on.ca for more information, or call 905-679-8323 ext. 226.



*All TEAD programs are subject to a \$15 Annual Rider Registration Fee in addition to program costs. A \$45 assessment may also be required.

TEAD is an accredited Canadian therapeutic equestrian facility, insured and certified through CanTRA and is a registered charitable organization #889874970RR0001.

Any of our programs can be customizable to the interests and needs of its participants, regardless of age or ability.