



T.E.A.D. Equestrian Association for the Disabled

MUNCHKINS IN MOTION

AN EQUINE EXPERIENTIAL LEARNING PROGRAM

This is an unmounted program aimed to provide children, with or without disabilities, an introduction to accessible equestrian activities.



\$60 per class for 8 weeks!

BENEFITS

- versatile programming for all learning styles and processing levels
- provides direction in judgement-making to guide choices and actions
- promotes physical literacy by building sensory and gross motor skills
- encourages introspection to better understand and retain lesson materials
- teaches responsibility, leadership, and interpersonal skills

**For more information or to register,
email troton@tead.on.ca or call
905-679-8323 ext. 226 today.**

*****All new participants must be assessed prior to
joining any TEAD program****

WHY HORSES?

Horses are prey animals and naturally mirror the thoughts and behaviour of others. They respond quickly to our body language, giving participants instant feedback on their actions and allowing connections to develop more easily. Horses are large, powerful animals that can challenge participants to overcome fear and expand their comfort zones. As a result, they gain confidence, empowerment, and self-esteem.