



T.E.A.D. Equestrian Association for the Disabled

TEAD PART BOARDING WINTER 2022 - 2023

Rules, Guidelines, and Safety Precautions



AM I ELIGIBLE?

If you are interested in part boarding, you must meet the following criteria:

- Must be at least 18 years old
- Must have an active [OE Membership](#) for 2023
- Must have completed your Rider Level 2, or be actively working towards it with one of our certified coaches on staff
- If you are new to TEAD, you must complete a riding evaluation (\$45.00) to ensure we match you to the correct horse





PAYMENT

COST = \$300/month from December to March

Once you have been approved to part-board, you will be sent a link to register in [Amilia/SmartRec](#) (TEAD's online store). Once completed, you will be billed for the first month.

For the remainder of the part-boarding period, your card will be automatically charged the monthly fee on the 28th of each month, and your receipt will be emailed to you.

Once you are signed up, you will also be sent a link to our **Winter 2022/2023 Part Boarding Riding Schedule** in Google Docs so that you may see what riding times are available and book yourself in.

Always make sure you are riding with a buddy!
A maximum of 4 riders are allowed per slot.





WHEN YOU ARRIVE

1. Main gates may be closed when you arrive-open & close them behind you
2. Park at the end of the arena
3. Either enter through main barn doors or if staff have left for day enter through the man door opposite the office building
4. Turn on the barn lights
5. Your horse will most likely be outside-bring your rubber boots
6. Bring them in, put them in their stall, give them half a bucket of warm water & allow them time to have a drink & a pee.
7. Get the tack out including a cooler if its cold
8. Keep the tack room doors closed to preserve the heat & to stop the emergency water & hoses from freezing



GROOMING & TACKING UP

Takes place in the long barn

Keep horse warm while grooming-use cooler if removing all blankets

Do not brush wet mud! Leave it to dry

Use grooming kits from tack room

Sweep grooming stalls after picking feet & pick up any manure before heading to arena

Crops are in the arena



SAFETY

Leave everything cleaner & tidier than you found it

If you open it – close it; this applies to all doors & gates

If you unlock it – lock it before you leave; this applies to the tack room door

If you turn it on – turn it off before you leave; this applies to all lights, the radio in the arena & anything else you may use.

If you remove it, put it back on when you have finished; this applies to all horse blankets

Clean whatever you use every time you use it; all tack & grooming brushes fall into this category

DO NOT RIDE ALONE – NO EXCEPTIONS. You will be provided with an online calendar in order to coordinate a buddy system.

NO JUMPING IS PERMITTED.





MOUNTING PROCEDURE

1. Lead horse large around the arena in each direction
2. Trot at least 2 long sides
3. **Check all tack** - keepers should be in, saddle pad pulled up into gullet, saddle in correct place, behind horse's shoulders, girth tightened & stirrups adjusted to your correct length
4. Lead horse into ***ramp in the arena*** (by props) with stirrups run up or crossed over horse's shoulder, & reins in both hands.
5. Place reins over horse's neck, climb onto ramp & mount sitting lightly in the saddle.
6. Exit ramp with both feet out of stirrups & go to centre line
7. Put your feet in the stirrups & check the girth



WARM UP

1. You may need to keep the horse's cooler on while you are walking large
2. Should be done slowly
3. Should include at least 5-10 minutes of walking "on contact"
4. Include walk halt transitions & changes of rein
5. Ready to trot? Check the girth one last time
6. Before all transitions, remember to shorten the reins
7. Include walk-trot transitions, changes of rein, 20 metre circles, shallow loops, turns across the arena from E to B and up & down the centre line. This should take about 15 minutes.



CANTER

Many of our horses do not do a lot of cantering.

Focus on the quality of the transition & make sure you are on the correct lead.
Before all transitions, shorten the reins.

An example of some canter work you can do;

Canter at A & ride a 20 metre circle, then Canter the long side, ride a 20 metre circle at C, then transition to trot, change the rein & repeat on the opposite rein.

Check your horses breathing, this may be enough for them. If so give them a walk break, then this exercise can be repeated.

Another Canter exercise would be staying on a 20 metre circle at C, A B or E & cantering half a circle, trotting half a circle, & repeating this several times e.g. A canter, X trot, A canter X trot etc.



THE COOL DOWN- **EXTREMELY IMPORTANT**

**This must be done
systematically &
can be life
threatening to the
horse if overlooked.**

1. Your horse may have worked up a sweat during your ride.
2. You must allow a minimum of 10 minutes for the cool down, walking
3. At this point you may wish to place a cooler on your horse
4. Walk large on a slightly longer rein. You can still ride walk –halt transitions.
5. If still hot after 10 mins of walking, dismount, loosen the girth & continue to walk in hand for a further 10 mins.
6. The horse must be cool, & not puffing before you leave the arena
7. They must also be dry before you turn them back out-you may have to use a towel to facilitate this before replacing turnout blanket/s



AFTER YOU HAVE RIDDEN

Each horse has a detailed schooling record.

This is located in a binder on the shelf in the tack room, called “Horse Schooling Records”.

Please record what you have done after each ride, & anything important that may need attention by TEAD staff.

