



T.E.A.D. Equestrian Association for the Disabled

EQUINE ASSISTED LEARNING (EAL)

AN UNMOUNTED EXPERIENTIAL LEARNING PROGRAM

A hands-on, dynamic approach to teaching life skills like leadership, communication, and teamwork using horses.



By appointment only

Sessions are 1 - 3 hours

Cost: \$36/hour per person

BENEFITS

- a non-threatening introduction to horses
- teaches interpersonal skills in a fun, natural, and engaging way
- learn how to navigate unexpected challenges & negativity
- helps participants recognize opportunities for learning within themselves
- versatile programming options for all learning styles and processing levels
- anyone can participate - no horse experience required

REGISTER TODAY:

Email: troton@tead.on.ca

Call: 905-679-8323 ext. 226

Visit tead.on.ca for more information

****All new participants must be assessed prior to joining any TEAD program****

WHY HORSES?

Horses are prey animals and naturally mirror the thoughts and behaviour of others. They respond quickly to our body language, giving participants instant feedback on their actions and allowing connections to develop more easily. Horses are large, powerful animals that can challenge participants to overcome fear and expand their comfort zones. As a result, they gain confidence, empowerment, and self-esteem.