

## How to Become a Rider in the Program

1. If you, your child, or your client have a disability, please complete our [Rider Medical Form package](#) to the best of your ability.
2. **Please note that the maximum rider weight limit is 170lbs.**
3. Once the medical forms are completed by you, please have your physician sign them on page 2, then either:
  - Mail to 8360 Leeming Road East, RR #3, Mount Hope, ON L0R 1W0
  - Scan & email to [troton@tead.on.ca](mailto:troton@tead.on.ca) #905-679-8323 x 226 (please do not take photos of the form)
  - Fax to 905-679-1705 - attention Rachel Harper
4. We send them to Ron Joyce Children's Centre for approval by our Occupational Therapist.
5. If approved, a 30-minute unmounted assessment will be set with a certified instructor.

### How Much Does It Cost?

- **Private lessons** - \$60.00/half hour
- **Semi-private lessons** (2 riders per class) - \$55.00/half hour
- **Group lessons** (4 riders per class) - \$50.00/hour
- **Group, private/semi-private grooming lessons** - \$50.00/half hour
- All program participants must pay an annual Rider Registration Fee of \$15
- Assessments - \$45.00/half hour (unmounted)
- Please note we do not offer one-time riding lessons. Lessons are purchased as a session with one lesson per week. Session lengths are as follows:
  - Winter session: 8-10 weeks
  - Spring session: 12 weeks
  - Summer session: 8 weeks
  - Fall session: 12 -14 weeks

### What Else Do I Need to Know?

- Approved riding helmets are provided until such time as you wish to purchase your own
- Riders are asked to wear a closed toed shoe or boot with a low heel (half inch)
- We provide specialised adaptive equipment as needed and special stirrups for riders who cannot wear boots
- Coats should have a working zipper and gloves are recommended
- Dress in layers as you may get warm - it's a workout!
- Long pants are mandatory (even in the summer) but please avoid wearing slippery rain pants or pants/jeans that are too tight!

### Your Support Staff

- All TEAD Instructors are nationally certified and regularly update their qualifications
- All TEAD Instructors are certified in First Aid and CPR
- All our volunteers are trained in leading & side walking and have completed a criminal reference check
- Leader- leads/controls the horse until the rider has learned how to do so themselves
- Side walker - trained volunteers who walk on either side of the rider giving either physical or emotional support as directed by the instructor

Please contact us directly if you have any questions. We look forward to meeting you soon.