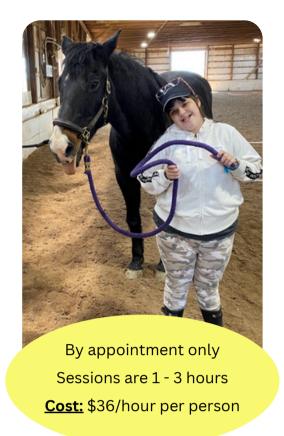


# EQUINE ASSISTED LEARNING (EAL)

# AN UNMOUNTED EXPERIENTIAL LEARNING PROGRAM

A hands-on, dynamic approach to teaching life skills like leadership, communication, & teamwork using horses.



# **BENEFITS**

- a non-threatening introduction to horses
- teaches interpersonal skills in a fun, natural, & engaging way
- learn how to navigate unexpected challenges & negativity
- helps participants recognize learning opportunities within themselves
- versatile programming options for all learning styles & processing levels
- anyone can participate no horse experience required

## **REGISTER TODAY:**

Email: troton@tead.on.ca

Call: 905-679-8323 ext. 226

Visit **tead.on.ca** for more information



### **WHY HORSES?**

Horses are prey animals that naturally mirror the thoughts & behaviour of others. They respond quickly to our body language, giving participants instant feedback on their actions & allowing connections to develop. Horses are powerful animals that can challenge participants to overcome fear & expand their comfort zones, thereby gaining confidence, empowerment, & self-esteem.