

# EQUINE ASSISTED LEARNING (EAL)

## AN UNMOUNTED EXPERIENTIAL LEARNING PROGRAM

A hands-on, dynamic approach to teaching life skills like leadership, communication, & teamwork using horses.



By appointment only

Sessions are 1 - 3 hours

**Cost:** \$36/hour per person

## BENEFITS

- a non-threatening introduction to horses
- teaches interpersonal skills in a fun, natural, & engaging way
- learn how to navigate unexpected challenges & negativity
- helps participants recognize learning opportunities within themselves
- versatile programming options for all learning styles & processing levels
- anyone can participate - no horse experience required

### REGISTER TODAY:

**Email:** [troton@tead.on.ca](mailto:troton@tead.on.ca)

**Call:** 905-679-8323 ext. 226

Visit [tead.on.ca](http://tead.on.ca) for more information



## WHY HORSES?

Horses are prey animals that naturally mirror the thoughts & behaviour of others. They respond quickly to our body language, giving participants instant feedback on their actions & allowing connections to develop. Horses are powerful animals that can challenge participants to overcome fear & expand their comfort zones, thereby gaining confidence, empowerment, & self-esteem.

\*All TEAD programs are subject to a \$15 Annual Rider Registration Fee in addition to program costs. A \$45 assessment may also be required.

TEAD is an accredited Canadian therapeutic equestrian facility, insured and certified through CanTRA and is a registered charitable organization #889874970RR0001.

Any of our programs can be customizable to the interests and needs of its participants, regardless of age or ability.